

### **About the foundation:**

Sakthi, a Sanskrit word for "Energy", scientifically means that Energy cannot be created nor destroyed but can be converted from one form to another. All the forms in this universe are only Energy forms that constantly changes to new energy forms using the very same Energy itself. Sakthifoundation, a NGO of the Uni5 community uses Awareness Energy to bring happy changes in the lives of people. The Uni5 Sakthi Schools has brought a significant change in a group of children and their parent's life in the remote villages of Tamilnadu. For the past seven years, this was made possible through the support of founders and other philanthropists.

### **History:**

Some of the members from low economical background were supported from the community for their studies. They decided to pay back to the community by providing education and medical support to needy people. This thought became the seed of this organization. The Uni5 Community now extends this help globally.

### **About the founders:**

1. Dr. Pradheep Chhalliyil. Ph.D - Co-Founder, a Biochemist, trained in Molecular Biology, received his Doctoral degree in Cancer Biology from India. Along with Dr. Madeswaran he is developing the Uni5 pattern based method of learning that imparts an effective education for children. This stress free education gives a five dimensional level growth in a child for leading a happy life.

2. Dr. M. Madeswaran. Ph.D - Education Director of Sakthi Uni5 Schools India. Madeswaran is a certified Montessori teacher and an expert in infant education and development.

3. Dr. Sendurai Mani. Ph.D - Co-Founder, a Molecular Biologist by training is an Assistant Professor doing Cancer research. He is adviser to the board.

4. Mr. M. Ganesan - Managing Trustee, He is a Businessman and received his Master's in Biochemistry.

5. A team executing the foundation activities includes Mr. A. Jayaraman, Mr. Arul Balaji and Mr. Suresh.

### **Programs to uplift the awareness of every individual for the betterment of Society:**

The mantra of Uni5 Community is "**Selftual**", which means that "I transform myself for my own happiness which will then radiate to all those around me".

**Uni5 Selftual Schools:** This education without any discrimination of rich and poor is receiving welcoming call from all parts of the globe. In the early

childhood education, this system integrates other effective educational tools like that of Montessori to enrich the quality of learning. These three are the current pre-primary schools in Tamil Nadu.

1. Namma Veedu Uni5 School - Sendurai, Dindugal Dt, Tamil Nadu, India. Since-Dec 2007.

2. Namma Veedu Uni5 Environment in collaboration with Andavar School in Porayar Village near Nagapattinam district, Tamil Nadu, India. Since-September 2011

3. Our Home Namma Veedu Uni5 School , Theethipalayam, Coimbatore. Since May 2012

### **Connecting Adults to Culture (CAC) :**

The objective of culture is to transform the minds of individuals to live a happy life. The CAC programs helps adults to connect to our cultural heritage to lead a harmonious life with the family members and also be beneficial to the social family as well. Since 2010, this program is conducted regularly in several cities of Tamil Nadu and as public talks in some countries. The CAC program has transformed several hundreds of people in a relatively short time.

### **Connecting children to Culture (CCC)**

The CCC programs connects children not only to culture but also help them see that it resonates to the scientific laws of nature that they study in school. This program has kindled several hundreds of children to think logically and live with high Awareness.

### **Connecting Corporate to Culture (COC):**

Every corporate want to achieve over the target threshold and profit in a short time. Only few corporates that also focus on the employee motivation, self-motivation and innovative thoughts can be highly be successful. Our COC provides one hour direct or skype training classes to employees. A few companies has given us the feed back that this Uni5-Selftual sessions has uplifted the employees to self-reflect who they are, their inner strengths and their Self-connection to the company. The end result is in increased productivity, increased sales, creativity and harmony leading to better team work. The effects also has permeated to the employee families in a positive way as well.

### **Science Program through Skype:**

A few volunteering scientists teach Science through skype to several under privileged students in the villages of Tamil nadu. We like to extend this Uni5-Selftual Science globally for the betterment of all children.

### **Spoken English:**

Our trained teachers are giving Spoken English training through Mobile to rural and suburban college & school students.

### **Selftual-Parenting Sessions:**

Any goods or services we purchase, comes with an instructional manual. Family nuclearization has left current parents without practical knowledge of raising children, causing psychological and behavioural problems. Selftual parenting sessions is helping several parenting to solve their issues with children bringing happiness in family life.

### **Uni5-Selftual Pregnancy:**

Everyone focusses on the chemical-vitamins to be taken during pregnancy to give birth to a healthy child. Our classes gives pregnant women the awareness of five levels of vitamins that gives physical, emotional, intellectual, selftual and Social health to a child. Several mothers who took the classes before and during pregnancy report to us about disease less children who are emotional balanced and intellectually sharp, self motivated, self-responsible happy children.

### **Web health Clinic**

Ancient health tips that are still applied to modern man is given freely in the web site for various diseases. This is not to replace medical treatment but as a complimentary treatment. Many people all over the globe has shared thousands of testimonials on the effectiveness of this Uni5 health system to prevent and cure various diseases.

### **Free Eye camp:**

We are conducting free eye camp jointly with Madurai Aravind eye hospital for the past seven years. More than 1000 people got their vision back and after the free eye surgery. Several of them feedback stating that it is a rebirth for them.

Some of the benefitted areas include

- 1.Poraiyar –Nagapattinam district
- 2.Kollidam Village, Chidhambaram – Nagapattinam district
- 3.Arachaloor Village –Erode District
- 4.Varadharajapuram –Kanchipuram District
- 5.Pongeri Village - Kanchipuram District

**Sakthi Foundatiuon Trust has 12A, 80G and FCRA certificates from Government of India**