

	Name	Benefits
1	Lamp lighting - morning	Removing darkness in mind and Energize light in all
2	Ganapathy Homam-	A fundamental wayout for all problems
3	Neeranjnam - image	Remove all problems and generating Energy to meet life
4	Oil Gazing	For burning the accumulated negativities ( thoughts and
5	Camphor burning (night)	For burning the negativities (thoughts and actions)
6	Pitru Pooja - South	Fulfilling duties to ancestors and giving feast for contentment
7	Om Namah Shivaya	1008 times, to conditionthe air molecules around the body
10	Amgaraka -Kuj	mars - Good for career development and overall energy
11	Navagraha-Budh	Mercury - boosting intellectual output
14	Saturn Shani Sthothram	Saturn - nullifying the hardships and boost spirituality
15	Saturn Maha Mantra	
16	Shaneeshwara Kavach	Saturn- Armour-protection, shield for all hardships
20	Sankata Ganapathy	Removes Obstacles in achieving Success and perfection
21	Dhanwantari	God of medicine - ensure health and life expectancy
22	Kanaka Dhara	ensure energy for Wealth and prosperity (all eight lucks)
23	Rudra Kavacham	
24	Lalitha Sahasranama	1000 names of Mother Divine -pancea for all problems
26	Sadashiva Kavacham	For Health, safety and happiness
27	Mrutyunjaya Kavacam	Shiled for removing fear of health and death
28	Subrahmanya kavacham	For energy , knowledge with special success in surgery,
29	Mahishasura Mardini	Removing sorrows and negativities
30	Panchamukha Hanumat	Success in endeavors and remove fear and ensure victory
31	Shyamala Dandakam	Education, intellectual effectivity
32	Shiva Purana - various	Reading atleast one page a day of the legend of Shiva
33	Sunderkand -(night)	Essential for ensuring happiness in life and reading every day
34	Rudram Chamakkam	
35	Pradosha Mahatmyam	
36	Narayana Kavacham	
37	Ramayanam - Sanjeevini	<b>Hanuman Bringing Medicine</b>
38	Shiva Panchakam	
39	Vishnu Sahasranamam	
40	Narasimha Avatharam	
41	Skanda Kavacham	
42	Grow Energy Herbs	
43	Ramayan Reading	

Herbs- Kadaladi- Achyranthes aspera, Kudavan (Centella asiatica), lakshmitaru (Paradise tree

All the above are found free to download (PDF and MP3 Audio and you tube videos )

<http://astrology.rightawareness.com> <http://www.panchatheertha.org>

Life prosperity is based on the Soul Energy (Atma Sakthi) one possess through the sacrificial actions done in the past. This Energy is cyclic in nature with ups and downs. The up trend of energy will fulfill desires (gains) and happiness. The down trend will be experienced as losses and unfulfilled desires.

Energy generating rituals is a way to increase Atma Sakthi needed for material life prosperity. Like cell phone charge makes all applications of phone to work, so does Atma Sakthi will create good health, professional work , successful family or relationships and all other desires including the spiritual progress.

